



TRIABUNNA
DISTRICT SCHOOL

Upcoming events

24th – 28th February

Swimming and Water Safety
Program - Oceana Pool G3-6

Term dates:

Term 1

6th February -- 11th April

Term 2

28th April -- 4th July

Term 3

21st July -- 26th September

Term 4

13th October – 18th December

Student Free Days:

6th June

24th October



Triabunna District School

Issue No 1: 11th February 2025

From The Principal

Dear Families, Staff, Students and Community Members,
Welcome back to a new year. We are looking forward to an exciting and busy year of learning and seeing students engage and grow.

It was fantastic to see so many students, families and staff at our welcome back breakfast. I would like to thank Miss Spencer for organising this event and for Brett and Alna for cooking.

We have new staff this year who we are excited to introduce:

- **Mrs. Sophie Wilson** joins us as Assistant Principal for Kinder to Grade 6.
- **Mrs. Ganga Fraser** is our Assistant Principal for Grades 7-10.
- **Ms. Anita Martinsons** is the first point of contact for senior secondary students in Years 11 and 12.

If you have any questions or concerns regarding your child, please talk to their homeroom or subject teacher first and then contact Mrs Wilson for K-6, Mrs Fraser for 7-10 and Ms Martinsons for 11/12.

We also welcome:

- **Mr. Dwayne Sinclair** – Grade 9 Homeroom Teacher, MDT, and 9/10 Science
- **Mrs. Ashleigh Irwin** – Support Teacher
- **Ms. Melanie Melano** – Education Support Specialist (Literacy Intervention)
- **Mrs Marion Wiggins** - LiL

A reminder to please return all necessary forms to the office as soon as possible.

We look forward to a fantastic year ahead!

Kind regards

Erica Winger
Principal

SRC – 2024

The SRC students helped raise funds for the East Coast Salvation Army by selling Zooper Doopers at lunch time over a number of days. The Salvation Army were very grateful for our donation, and we hope to help them out again in 2025.



Welcome to 2025 Family Breakfast and Assembly



What a fantastic way to kick off the school year with our *Welcome to 2025 Breakfast and Assembly!* It was fantastic to see so many families come along and support our students as they head into a new school year. Your presence made the morning extra special, and it was lovely to see everyone getting into the school spirit!

We started the day with a delicious breakfast of egg and bacon rolls, cooked up by our amazing EFA staff. A huge thank you to the team for all their hard work in making sure we all had a scrumptious start to the day!

After breakfast, we gathered for the assembly, full of excitement for the year ahead. It was great seeing everyone, both new and returning, ready to take on whatever 2025 has in store.

We're looking forward to a year full of learning, fun, and plenty of memories together. Here's to an amazing year ahead!



Year 7/8 – Outdoor Education

We're excited to focus on a combination of surf lifesaving, snorkelling and surfing this term. Surf lifesaving skills are vital for ensuring safety at the beach and for responding to emergencies in the surf. Surf lifesaving will be the focus for the first three weeks. Learning surf lifesaving skills involves both theoretical knowledge and practical experience. We will introduce swimming skills, treading water, surf swimming and the following rescues techniques.

- Board Rescues: Using a surfboard to reach a person in distress, stabilising them, and bringing them back to shore.
- Tube Rescues: Rescuing swimmers with the use of rescue tubes, which are buoyant devices designed to assist in pulling people out of the water
- Assisting in Rips: Understanding how to identify and safely enter rip currents and getting a person to safety.



Year 9/10 Outdoor Education

Term one's focus in Year 9/10 Outdoor Education is Surfing. Students will undertake the following learning activities.

1. Understanding Surfing as a Sport

- Understand the importance of ocean safety and surf etiquette.



2. Ocean Awareness and Safety

- Develop an understanding of tides, waves, and weather patterns.
- Learn how to assess surf conditions and make informed decisions.
- Understand rip currents, how to avoid them, and basic water rescue techniques.

3. Developing Surfing Skills

- Learn how to safely and correctly position oneself on a surfboard.
- Practise proper paddling techniques and getting onto the board.
- Learn how to ride waves, including how to paddle into a wave and stand up.
- Practise turning and controlling the board while riding a wave.

4. Physical Fitness and Coordination

- Improve balance, strength, and flexibility through surfing-specific exercises.
- Build endurance to manage the physical demands of surfing.

5. Respecting the Environment

- Understand the importance of environmental conservation in the ocean.
- Practise responsible behaviour when surfing to minimize environmental impact.

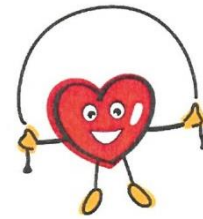


6. Personal Reflection and Goal Setting

- Set personal goals for improving surfing skills.
- Reflect on progress and challenges throughout the term.
- Encourage perseverance and resilience when facing difficulties through developing a gratitude journal.



**JUMP
ROPE for
HEART**



Jump Rope for Heart at Triabunna District School

START: 6/02/2025 and COMPLETED: 11/04/2025

This term, our Primary School Students will be participating in the Jump Rope for Heart Fundraiser. Jump Rope for Heart is the Heart Foundation's primary school skipping challenge that helps kids move more, have fun, and raise funds for lifesaving research and programs.

Whilst only our primary students are carrying out hours of skipping within their classrooms, we also encourage our high school students to skip during break times and help fundraise throughout the term.

Register your child online, so they can receive the full benefits of the program and participate in online fundraising, simply follow the link below to get started: www.jumprope.org.au/parents. During this time, you can share their online fundraising page with family and friends to help raise money for this great cause.

To our wider school community, you can also donate to this foundation at <https://www.jumprope.org.au/fundraisers/triabunnadistrictschool>, or pop into our school office for cash donations. Donations of \$2 and greater are tax deductible. All donations are greatly appreciated.

Thank you for supporting the Jump Rope for Heart program!

You are invited to
Lil Tackers
Birth -4 years
program **Triabunna School**
Begins Tuesday February 11th
9-10.30am
Come along and receive a welcome gift pack for your
child

SPRING BAY COMMUNITY FOOD HUB



The Spring Bay Community Food Hub is a not-for-profit community run volunteer association.

We are an inclusive, non-judgmental organisation that welcomes anyone and everyone.

Our purpose is to support the local community by providing access to affordable food.

WE HAVE MOVED!

**NEW OPENING TIME 10 AM TO 2 PM
15 VICARY STREET
TRIABUNNA**

**HAMPERS - \$25 EACH - (APPROX
VALUE \$70)
LOTS OF NEW PRODUCTS AT
AFFORDABLE PRICES**



We will be working hard to source the cheapest quality fresh food and groceries from a variety of suppliers.

**Need more information - check out our Facebook page -
Spring Bay Community Food Hub or call in to the hub any
Thursday**



**DO YOU HAVE A GARDEN? - DONATIONS OF FRUIT
AND VEGGIES GRATEFULLY ACCEPTED**

Open Wednesday to Sunday 10.30-3pm

Venue - Community Hall (former Council Chambers Building) Vicary St. Triabunna. All proceeds are donated to community organisations and

Pop Up Book Stall (PUBS) activities.

N.B. Also find us at the Swansea Market

Enquiries: Chris 0458560753; Beth 0407571181

www.facebook.com/PopUpBookStall; email popupbookstall@hotmail.com

School Calendar

Mon 24 February	<ul style="list-style-type: none">• SALT Workshop
Mon 24 – 28 February	<ul style="list-style-type: none">• Swimming & Water Safety Program – Grades 3-6 Oceana
Tue 4 March	<ul style="list-style-type: none">• Tasmanian Symphony Orchestra - Incursion
Wed 5 March	<ul style="list-style-type: none">• Athletics Carnival – Whole School

CONTACT DETAILS

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